

A Level Physical Education

LINEAR A-LEVEL

Subject Content:

1. Applied anatomy and physiology
2. Skill Acquisition
3. Sport and Society
4. Exercise physiology
5. Biomechanical movement
6. Sport psychology
7. Sport and society and the role of technology in physical activity and sport

Assessments:

Paper 1: Factors affecting participation in physical activity and sport
What's assessed Section A: Applied anatomy and physiology Section B: Skill acquisition Section C: Sport and Society
How it's assessed <ul style="list-style-type: none">• Written exam: 2 hours• 105 marks• 35% of A-Level
Questions <ul style="list-style-type: none">• Section A: multiple choice, short answer and extended writing (35 marks)• Section B: multiple choice, short answer and extended writing (35 marks)• Section C: multiple choice, short answer and extended writing (35 marks)

Paper 2: Factors affecting optimal performance in physical activity and sport
What's assessed Section A: Exercise physiology and biomechanics Section B: Sport psychology Section C: Sport and society and technology in sport
How it's assessed <ul style="list-style-type: none">• Written exam: 2 hours• 105 marks• 35% of A-Level
Questions <ul style="list-style-type: none">• Section A: multiple choice, short answer and extended writing (35 marks)• Section B: multiple choice, short answer and extended writing (35 marks)• Section C: multiple choice, short answer and extended writing (35 marks)

Non-exam assessment: Practical performance in physical activity and sport**What's assessed**

Students assessed as a performer or coach in the full sided version of one activity.

Plus:

Written/verbal analysis of performance

How it's assessed

- Internal assessment, external moderation
- 90 marks
- 30% of A-Level

Questions

- Section A: multiple choice, short answer and extended writing (35 marks)
- Section B: multiple choice, short answer and extended writing (35 marks)
- Section C: multiple choice, short answer and extended writing (35 marks)

Careers/Progression

An A Level in Physical Education can lead to an undergraduate course in:

- Sport and Exercise Science
- Physiotherapy
- Sports Coaching
- Sports Development
- Sports Journalism
- Personal Training
- Physical Education
- Teaching degree to become a PE teacher.

Exam Board: AQA

Entry requirements

Students should have obtained a grade 6 at GCSE PE and 5-5 in GCSE Science. Students should also be competing in their sport on a weekly basis at a good level outside of school.

Course contact: Miss C Trafford