
Health and Social Care Intent

It is our intention to offers an engaging and effective introduction to the knowledge and skills required for careers within the health and social care sector. We will teach the fundamentals of the knowledge required and to develop and nurture students existing skills, preparing them for further education and roles in professional environments.

Staff aim to develop a passion and enthusiasm for careers within the health and social care sector within each student. We encourage the students to have a caring, person-centred approach and consider the impact care on an individual's life. We aim to foster mutual respect, celebrate diversity and make students aware of various challenges facing the care sector.

We promote an awareness of the real impacts to people living with conditions or illnesses such as the psychological impacts, signs, symptoms and treatments. Students will be aware of legislation and guidance supporting health and social care, so that they can ensure the people they are working with in the future, are not only able to access all the care and support they are entitled to but are also able to protect themselves from any harm or abuse whilst at work.

We aim to provide an awareness of the importance of specific person-centred care and support and how build positive relationships with the people they could work with, so that their needs and requirements are met whilst maintaining control of their own care and support.

Our intention is to equip students with the professional, personal skills and interactions with people who either work in the health, social and childcare sector or require care or support.

We are committed to preparing students for their final exams from lesson one. Exam structure is explicitly taught, alongside revision techniques. Students are taught how to hold effective discussions, listen to others and learn from one another. Students are supported in their note taking and closely monitored. Students are encouraged to engage in active learning, challenge themselves, share their real-life experiences, engage in contemporary news stories and watch documentaries, all with the intent to develop their love for learning and understanding of sociology.

Health and Social Care: Unit One Building Positive Relationships YEAR 12

Unit 1: Building Positive Relationships - Internally Assessed						
What are we learning?	Our Intention: What knowledge, understanding and skills will we gain?	Evaluation and Assessment Methods	Implementation	What additional resources are available?		

Pass Criteria

Knowledge:

P1 Types of relationships, including individuals who care, advocates, work colleagues and professionals. Context sin which these relationships take place; from formal and informal to group or one to one.

P2 / P4&5 Communication factors such as verbal and non- verbal and special methods and adaptations.

Cultural factors such as race and religion. Environmental factors, such as the physical environment, spiritual factors such as belief systems and physical factors such as disabilities.
P3 Strategies to ensure a personcentred approach

Understanding: Students will have an understanding of relationships within health and social care environments, factors that influence the building of relationships, how a person-centred approach builds positive relationships, how to use communication skills effectively.

Skills: Explain different types of relationships, explain factors, explain strategies, demonstrate effective communication.

- Students will be able to explain two different types of relationships.
- Students will explain two factors that can influence the building of positive relationships.
- Explain two strategies to ensure a person- centred approach
- Demonstrate effective communication skills by carrying out a one to one interaction and a group interaction.

 Students can use personal examples (without the need to publicly share) from their own experiences to understand the material being studied. Cambridge Technical Resources document

Text book

Online resources

Merit Criteria	Knowledge: M1 Students will consider how context can impact relationships, such as maintaining independence by remaining in your home. M3- consider the different ways we communicate and how effective this can be. M2- how a PCA supports a positive relationship, such as building trust and recognising diversity. Understanding: Contexts and how they can impact relationships, factors that influence the building of positive relationships, how a PCA builds positive relationships Skills: Analyse the role of context, Analyse a PCA and review the effectiveness of communication skills	 Students will be able to analyse the role that context plays in different relationships in health, social and child- care settings Analyse how a personcentred approach supports the building of positive relationships Review the effectiveness of the communication skills used during the one to one and group interactions. 	Merit criteria builds on knowledge gained whilst completing the pass criteria	Cambridge Technical Resources document Text book Online resources
Distinction Criteria	Knowledge: D1 consider aspects of reflective practice by evaluating an incident such as Baby P, how this could be dealt with better next time, identify what went well and explore training needs. Understanding: What reflective practice and how it can be used professionally to make improvements Skills: Justify the importance of reflective practice.	Students will be able to justify the use of reflective practice to ensure interactions build positive relationships in health, social and child- care settings.	Distinction criteria builds on knowledge gained during the pass and merit criteria.	Cambridge Technical Resources document Text book Online resources

	Unit 4: Externally Assessed						
What are we	What are we Our Intention: What knowledge, Evaluation and Assessment Implementation What additional resource						
learning?	understanding	Methods		are available?			

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	and skills will we gain?			
1. Understand the cardiovascular system, malfunctions and their impact on individuals	1.1 Composition of blood, i.e. • erythrocytes • lymphocytes • neutrophils • monocytes • platelets • plasma 1.2 Functions of blood, i.e. • transport • temperature regulation • exchange of materials with body tissues • preventing infection • blood clotting 1.3 Structure of heart, i.e. • atria • ventricles • vena cava • pulmonary arteries and veins • aorta • tricuspid and bicuspid valves semi-lunar valves • coronary arteries 1.4 Function of heart, i.e. • double pump • diastole • systole • cardiac cycle • role of component parts 1.5 Control and regulation of cardiac cycle, i.e. • location and role of SA and AV nodes • Purkyne fibres	The learner needs to be able to describe the identified components of the cardiovascular system and their structure and functions. Learners need to label diagrams to show their understanding of structure and functions. The learner needs to explain the likely causes and common symptoms of the conditions or malfunctions identified and be able to relate them to the structures studied. Learners need to be able to link the structure and functions of the cardiovascular system to the identified conditions, where appropriate. For example, plaque build-up in coronary arteries and how this links to coronary heart disease. The learners need to analyse the impact of the identified conditions on individuals in terms of any necessary monitoring, routine treatment, such as those listed, lifestyle changes and impact on daily life, care needs etc.	Students will build upon the knowledge gained in GCSE science and PE.	The use of NHS resources and other organisations' websites may provide a useful source of information about causes, treatment and the impact on the individual for the listed conditions

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	• ECG trace (P, Q, R, S and T			
	waves/spikes)			
	1.6 Types, structure and functions of			
	blood vessels, i.e.			
	• arteries			
	• veins			
	• capillaries 1.7 Formation of tissue			
	fluid and lymph, i.e.			
	 role of hydrostatic pressure 			
	 blood proteins 			
	 structure and role of lymphatic 			
	system			
	1.8 Cardiovascular malfunctions –			
	possible causes and effects on the			
	individual, i.e.			
	hypertension			
	 coronary heart disease (e.g. angina, 			
	heart attack)			
	1.9 Monitoring, treatment and care			
	needs for the cardiovascular			
	malfunctions listed to include impact			
	on lifestyle changes, medication, blood			
	pressure readings, ECG traces, coronary			
	bypass as appropriate to the condition			
2. Understand the	2.1 Structure of respiratory system, i.e.	The learner needs to be able to	Students will build upon the	The use of NHS resources
respiratory system,	• larynx	describe the identified	knowledge gained in GCSE	and other organisations'
malfunctions and	• trachea	components of the respiratory	science and PE.	websites may provide a
their impact on	• bronchi	system and their structure and		useful source of
individuals	• bronchioles	functions. They should be able		information about causes,
	• alveoli	to label diagrams to show their		treatment and the impact
	• diaphragm	understanding of their structure		on the individual for the
	• intercostal muscles	and functions. The learner needs		listed conditions
	• pleural membranes	to explain the likely causes and		
	2.2 Inspiration and expiration, i.e.	common symptoms of the		
		Common symptoms of the		

	 role of pleural membranes 	conditions or malfunctions		
	 role of diaphragm 	identified and be able to relate		
	 role of intercostal muscles 	them to the structures studied.		
	2.3 Gaseous exchange. i.e.	Learners need to be able to link		
	role and structure of alveoli walls	the structure and functions of		
	 diffusion gradients erythrocytes plasma 2.4 Cellular respiration, i.e. role of glucose oxygen function of ATP 	the respiratory system to the identified conditions, where appropriate. For example, the impact of asthma on the function of the lungs. The learner needs to analyse the		
	aerobic/anaerobic respiration production of carbon dioxide production of lactic acid production of ATP 2.5 Respiratory malfunctions – possible causes and effects on the individual, i.e. asthma emphysema cystic fibrosis	impact of the identified conditions on individuals in terms of any necessary monitoring, routine treatment such as those listed, lifestyle changes and impact on daily life, care needs etc.		
3. Understand the	3.1 Gross structure of digestive system	The learner needs to be able to	Students will build upon the	he use of NHS resources
digestive system,	and functions of component parts, i.e.	describe the identified	knowledge gained in GCSE	and other organisations'
malfunctions and their impact on individuals	 buccal cavity salivary glands epiglottis oesophagus stomach small intestine large intestine rectum anus liver gallbladder bile duct 	components of the digestive system and their structure and functions. Learners should be able to label diagrams to show their understanding of their structure and functions. The learner needs to explain the likely causes and common symptoms of the conditions or malfunctions identified and be able to relate them to the	science and PE.	websites may provide a useful source of information about causes, treatment and the impact on the individual for the listed conditions.

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4. Understand the musculoskeletal system, malfunctions and their impact on	• pancreas • pancreatic duct 3.2 Mechanical and chemical digestion, i.e. • action of chewing • action of stomach • action of digestive enzymes in stomach and small intestine 3.3 Digestive roles of liver and pancreas, i.e. • digestive role of pancreatic juice • digestive role of bile 3.4 Absorption and assimilation, i.e. • adaptations of intestine wall for absorption (e.g. nutrients) • liver's role in assimilation 3.5 Digestive malfunctions – possible causes and effects on the individual, i.e. • Irritable Bowel Syndrome • gallstones • coeliac disease 3.6 Monitoring, treatment and care needs for digestive malfunctions listed to include impact on diet/lifestyle, endoscopy, ultrasound, lithotripsy and monitoring, medication as appropriate to the condition 4.1 Structure of bone, i.e. • vertical and transverse sections 4.2 Types of joint, i.e. • ball and socket (e.g. hip, shoulder)	structures studied. Learners need to be able to link the structure and functions of the digestive system to the identified conditions, where appropriate. For example the function of the gallbladder and how and why gallstones form. The learner needs to analyse the impact of the identified conditions on individuals in terms of any necessary monitoring, routine treatment, such as those listed, lifestyle changes and impact on daily life, care needs etc. T	Students will build upon the knowledge gained in GCSE science and PE.	The use of NHS resources and other organisations' websites may provide a useful source of
	•		•	
system, malfunctions				websites may provide a

	4.3 Components of a synovial joint, i.e. • muscle • bone • ligament • tendon • cartilage • synovial capsule • synovial fluid 4.4 Muscle action around a joint, i.e. • antagonistic action of skeletal muscle • contraction • relaxation • role of tendons 4.5 Musculoskeletal malfunctions – possible causes and effects on the individual, i.e. • arthritis • osteoporosis 4.6 Monitoring, treatment and care needs for musculoskeletal malfunctions to include impact on lifestyle, clinical observation, blood tests, bone density scans, physiotherapy, exercise, dietary changes, assistive technology as	and functions. The learner needs to explain the likely causes and common symptoms of the conditions or malfunctions identified and be able to relate them to the structures studied. Learners need to be able to link the structure and functions of the musculoskeletal system to the identified conditions, where appropriate. For example, the role of cartilage in a joint and how this relates to arthritis. The learners need to analyse the impact of the identified conditions on individuals in terms of any necessary monitoring, routine treatment, such as those listed, lifestyle changes and impact on daily life, care needs etc.		
5. Understand the control and regulatory systems, malfunctions and their impact on individuals	changes, assistive technology as appropriate 5.1 Components of nerve systems, i.e. • central Nervous System • peripheral nerves • autonomic system • spinal cord • sensory and motor neurons 5.2 Structure and function of brain, i.e. • cerebral cortex • cerebellum • frontal lobes	The learner needs to be able to describe the identified components of the control and regulatory systems and their structure and functions. Learners may be asked to label diagrams to show their understanding of their structure and functions. The learner needs to explain the likely causes and	Students will build upon the knowledge gained in GCSE science and PE.	The use of NHS resources and other organisations' websites may provide a useful source of information about causes, treatment and the impact on the individual for the listed conditions.

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	 principles of homeostasis 			
	(monitoring, feedback mechanisms,			
	effectors) and its importance			
6. Understand the	6.1 Structure of the eye, i.e.	The learner needs to be able to	Students will build upon the	The use of NHS resources
sensory systems,	• pupil	describe the identified	knowledge gained in GCSE	and other organisations
malfunctions and	• iris	components of the sensory	science and PE.	websites may provide a
their impact on	• tear glands	systems and their structure and		useful source of
individuals	humours or fluids	functions. Learners may be		information about causes
	• conjunctiva	asked to label diagrams to show		treatment and the impact
	• cornea	their understanding of structure.		on the individual of listed
	• retina	The learner needs to explain the		conditions
	macula optic nerve	likely causes and common		
	ciliary muscle/suspensory ligaments	symptoms of the conditions or		
	• lens	malfunctions identified and be		
	6.2 Structure of the ear, i.e.	able to relate them to the		
	• external	structures studied. Only the		
	•middle	conditions identified will be		
	• inner ear	examined. Learners need to be		
	• eardrum	able to link structure and		
	stapes/incus/malleus ear bones	function to the identified		
	• cochlea	conditions, where appropriate		
	• organ of Corti	for example how the		
	• Eustachian tube	degeneration of the macula		
	• round window	effects eyesight in the condition		
	auditory nerve semi-circular canals	AMD The learner needs to		
	• ampullae	analyse the impact of the		
	6.3 Malfunctions of eye and ear –	identified conditions on		
	possible causes and effects on the	individuals in terms of any		
	individual, i.e.	necessary monitoring, routine		
	• eye - glaucoma, AMD, cataracts,	treatment such as those listed,		
	retinopathy	lifestyle changes, care needs.		
	• ear – deafness	The use of NHS resources and		
		other organisations websites		

6.4 Monitoring, treatment and care	may provide a useful source of
needs for malfunctions of the eye and	information about causes
the ear to include impacts on lifestyle,	treatment and the impact on the
visual aids, auditory aids, medication)	individual of listed conditions

	Unit 2: Externally Assessed					
What are we learning?	Our Intention: What knowledge, understanding and skills will we gain?	Evaluation and Assessment Methods	Implementation	What additional resources are available?		
1. Understand concepts of equality, diversity and rights and how these are applied in the context of health, social care and child care environments	1.1 Concepts, i.e.	Learners will gain an understanding of the key concepts of equality, diversity and rights that underpin this unit. They will be able to define key terms and concepts and be able to describe the benefits of understanding diversity (e.g. empowerment, independence, inclusion, respect, dignity, opportunity, access and participation) Learners must demonstrate an understanding of how all of the values of care are applied in health and social care and in child care environments. They must be able to analyse practical examples of how practitioners can apply the values in their day to day work, in care settings, to promote equality, respect diversity and support individuals	Learners can build on knowledge gained through PER, PDT and make links back to uni1 and unit 4.	Class text book Resources Links Doc from OCR		

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nasc	o choice o confidentiality o protection from abuse and harm o equal and fair treatment o consultation o right to life 1.2 Application of the concepts, i.e. • the values of care in health and social care services, i.e. o promoting equality and diversity o promoting individual rights and beliefs o maintaining confidentiality • the values of care in child care services, i.e. o making the welfare of the child paramount o keeping children safe and maintaining a healthy environment o working in partnership with parents/guardians and families and other professionals o encouraging children's learning and development o valuing diversity o ensuring equality of opportunity o anti-discriminatory	who require care or support. Learners must develop an understanding of the support networks available to promote equality, diversity and rights		
	services, i.e. o making the welfare of			
	the child paramount o keeping children			
	_ ,			
	•			
	•			
	practice o maintaining confidentiality o			
	working with other professionals			
	1.3 Support networks, i.e. • advocacy			
	services (e.g. SEAP, MENCAP Empower			
	Me, British Institute of Learning			
	Disabilities) • support groups (e.g.			
	MIND, Age UK, Headway) • informal			
	support (e.g. friends, family,			
2. Understand the	neighbours)	Learners need to identify the	Thou should analyse their	
impact of	2.1 Discriminatory practices, i.e. • basis	Learners need to identify the	They should analyse their	
discriminatory	of discrimination (e.g. race, culture, disability, social class, age, gender,	factors that can incite	own attitudes and	
discriminatory	disability, social class, age, gender,	discrimination or discriminatory	prejudices, or those of	

practices on individuals in health, social care and child care environments	sexual orientation, religion) • direct and indirect discrimination • types of abuse • prejudice • stereotyping • labelling • bullying 2.2 Individuals affected, i.e. • individuals who require care and support (e.g. patients, children, older adults, people with disabilities) • family/friends/relatives of individuals • practitioners (e.g. nurse, G.P., physiotherapist, teacher, early years practitioner, social worker, care assistant, care worker) 2.3 Impact on individuals, i.e. • disempowerment • low self-esteem and low self-confidence • poor health	behaviour and the individuals that this may affect. Learners must be able to define the correct use of terminology listed in the unit content and also forms of discrimination, i.e. racism, ageism, sexism and homophobia. Learners must be able to evaluate the impact of discrimination on individuals, including physical, intellectual, emotional and social effects.	others that they may have experienced or observed. Learners can build on knowledge gained through PER, PDT and make links back to uni1 and unit 4.	
3. Understand how current legislation and national initiatives promote anti- discriminatory practice in health, social care and child care environments	and well-being • unfair treatment • mental health 3.1 Key aspects of current Legislation, i.e. • The Care Act 2014 • The Health and Social Care Act 2012 • The Equality Act 2010 • The Mental Capacity Act 2005 • The Children Act 2004 • The Data Protection Act 1998 • Human Rights Act 1998 • Children and families Act 2014 3.2 Overview of national initiatives, i.e. • The Care Certificate 2014 • Quality assurance i.e. o inspections such as Ofsted, CQC (Care Quality Commission) • EHRC(Equality and Human Rights	Learners must be able to identify key aspects of each piece of legislation and be able to describe how these support individuals' rights. • The Care Act 2014 (e.g. there should be no gap in care and support when people choose to move) • The Health and Social Care Act 2012 (e.g. greater voice for patients) • The Equality Act 2010 (e.g. the introduction of protected characteristics) • The Mental Capacity Act 2005 (e.g. capacity	Learners can build on knowledge gained through PER, PDT and make links back to unit 1 and unit 4.	

Commission) • NICE – National Institute for Health and Care Excellence
3.3 The impact of legislation and national initiatives, i.e. • personcentred approach to care and provision
• individual needs met • empowerment
• accessible services • provides a system of redress • clear guidelines for practitioners to follow • raises standards of care • staff selection and interview procedures must comply with the Equality Act • organisational policies - bullying, confidentiality, equal opportunities, data handling

must be assumed unless it is proved otherwise) • The Children Act 2004 (e.g. introduction of the role of children's commissioner) • The Data Protection Act 1998 (e.g. Personal data shall be accurate and, where necessary, kept up to date) Learners must be taught any changes to legislation which supersedes those listed in the teaching content. Learners must be able to explain how the various national initiatives provide a framework to maintain and improve quality of practice; how they provide guidance for those working in health, social care and child care environments and how they set out the standard of practice and conduct expected. Learners must be able to evaluate the impact of legislation and national initiatives. For example the Equality Act gives all service users the right to access services; this means that the service provider may have to install ramps and lifts and provide information in a range of formats. Practitioners may have to attend training to

		become proficient in sign		1
		language.		1
4. Understand how	4.1 Applying best practice in health,	Learners will explain active	Learners can build on	
equality, diversity	social care or child care environments,	promotion of Anti discriminatory	knowledge gained through	1
and rights in health,	i.e. • being non-judgemental •	practice within health, social	PER, PDT and make links	1
social care and child	respecting the views, choices and	care and child care services.	back to unit 1 and unit 4.	1
care environments	decisions of individuals who require	They must analyse situations in		1
are promoted	care and support anti discriminatory	health, social care and child care		1
	practice • valuing diversity • using	settings to reach a decision		1
	effective communication • following agreed ways of working • provision of	about the correct course of		1
	training and professional development	action a practitioner should		1
	opportunities for staff • mentoring,	take. Learners must be able to		1
	monitoring and performance	use their knowledge and		1
	management of staff • staff meetings	understanding of the unit		1
	to discuss issues/practice 4.2 Explaining	content to apply best practice in		1
	discriminatory practice in health, social	care situations and also be able		1
	care or child care environments, i.e. •	to explain discriminatory		!
	stereotyping, labelling, prejudice •	practices in a range of settings.		1
	inadequate care • abuse and neglect •	They must be able to prioritise		1
	breach of health and safety • being	actions in response to		!
	patronising 4.3 Choosing appropriate	discriminatory practice in the		1
	action/response to promote equality, diversity and rights in health, social	best interests of the individuals		1
	care and child care environments, i.e. •	who require care or support.		!
	acceptable methods of challenging	Use of real life case studies,		!
	discrimination (e.g. challenge at the	news articles and documentary		1
	time, challenge afterwards through	programmes provide		1
	procedures or through long-term	opportunities for learners to		1
	campaigns) • whistleblowing	develop insight into		!
	 applying values of care • providing 	discriminatory practice that can		
	information about complaints	occur and how it should be dealt		
	procedures / advocacy services •	with. In the external assessment		
	implementing policies, codes of	learners will be required to		
	practice, legislation • dealing with	analyse given situations or case		

conflict • training / mentoring /	studies. Learners should be able	
monitoring	to recommend the correct	
	course of action to take – this	
	may be for the practitioner, the	
	individual who requires care or	
	support or the service provider.	
	Their recommendations may be	
	chosen from examples provided,	
	and/or based on their own	
	judgements. Learners must be	
	able to justify their	
	recommendations.	